



The Harness Weekly Devotional

Week Fourteen

Bible Verse of the Week: Jeremiah 17:9

⁹ "The heart is deceitful above all things, and desperately wicked; Who can know it?"

Monday -

The Sneaky Heart:

"The heart is deceitful above all things..." Have you ever really wanted something, only to realize later it was a bad idea?

Our feelings are like a "sneaky trickster" that can make wrong things feel right.

When a feeling (like anger or a sudden craving) is trying to boss you around, remember: your feelings are real, but they aren't always telling you the truth.

Tuesday -

The Incurable Sickness:

"...and desperately wicked..." In the original language, "desperately wicked" actually means a sickness that can't be cured by human effort.

We can't just "try harder" to be perfect because our very nature is flawed by sin.

It's okay to admit you can't fix yourself. This is why we need Jesus to give us a new heart.

Wednesday - The Big Question:

"...who can know it?" We often don't even know our own true motives. We might think we're being helpful, but are actually being prideful.

Because our hearts are deep and complex, we are often "strangers" to ourselves. Ask God today: "Lord, show me why I really did that."

Thursday -

The One Who Sees:

"I the LORD search the heart, I try the reins... Even if we are confused, God is never fooled. He "searches" the heart, seeing the secret thoughts we don't even tell ourselves. He knows the "why" behind every "what" we do.

There is peace in being fully known. God sees your mess and your struggles, but He loves you enough to help you change.

Friday -

Stop Following Your Heart:

"Trust in the Lord with all your heart..." The world tells us to "follow your heart," but the Bible says that's

dangerous advice because the heart is slippery.

Instead of following our fickle feelings, we are called to follow Jesus.

Next time you have a big decision, don't just ask "What do I feel?" Ask "What does God's Word say?"

Saturday -

The Heart Transplant:

"I will give you a new heart..." The Simple Truth: God doesn't just patch up our old, deceitful hearts; He offers a spiritual "heart transplant".

Through Christ, we get a new nature that actually wants to do what is right.

"Lord, take my old, stubborn heart and give me a tender, responsive one.